

Free and Empower Me (FEM) Project

(Project Completed)

- **Project Period:** April 2010 - March 2012
- **Funder:** Status of Women Canada
- **Objectives**
 - To empower young women between the ages of 16 to 24 with a focus on education on violence against women.
 - To educate the general public about the strength of women through historical examples and lessons
 - To reach out to young women and provide them with opportunities to positively contribute to their community as a role model
 - To prevent young women from becoming victims of violence

The Strengthening Newcomer Families to Respond to Settlement Challenges Project

(Project Completed)

- **Project Period:**
 - January 2009 - December 2009
- **Funder:** United Way
- **Objectives**
 - The project aims to facilitate individual family members
 - To understand other members of their family in terms of their unique settlement challenges,
 - To decrease their settlement predicament and isolation caused from their new environment
 - As an end result, it is the goal of the project to assist all the family members to have a joyful settlement in Canada.

- **Activities**

- Peer leader training workshops
- Outreach program
- Educational arts program
- Essay contest
- Dissemination conference

- **Partnership**

NABI Women's Network

- **Activities**

- A monthly newcomer family network meeting
- Cooking classes for male newcomers
- Youth mentoring
- Cultural activities
- On-going informational support (Individual or group)
- Workshops and Seminars

- **Partnership**

- Toronto Korean Canadian Association