



Trees that withstand stormy winds..

– Reflection by the President of KCWA –

KCWA came to me from a few different perspectives. When I was first approached to be a director of KCWA, I asked was how much the director’s fee was. I asked the question only because as a long time business person in Korean community, I have been no more than a financial supporter as a fee paying director for several organizations. So, initially, I was skeptical when I was told that there was no fee to be a director of KCWA. As I submitted my resume and went through interviews to become a director of KCWA it became clear to me that true spirit of service must embrace a level of desire and passion well beyond simple understanding and interest.

Another perspective of KCWA came to me after I became a director. Everyone involved with KCWA, whether it be matriarch directors in their 70’s, young directors who are second generation Korean-Canadian, past presidents and directors serving as advisors, or staff members, each person spent their valuable time and effort to discuss and resolve matters of KCWA as their own matters and as they would with their own children. I sensed that KCWA is a healthy and focused organization that has embraced values that transcends generations. In addition, I came to understand and appreciate that over 700 volunteers and 300 supporters of KCWA are the ones who contributed to KCWA being the healthy and focused organization that it is today. I was truly touched that so many people demonstrated and acted on their passion for service to needy people. At the same time, I was embarrassed to realize that I was not one of them until I became a director of KCWA.

The fact that the government grant to KCWA steadily increased over the years is another evidence of transparent and exemplary management of KCWA. Since I became the president of KCWA a close personal friend cautiously asked me a question. “Suppose I donate \$100. What portion of it would be used for the purpose I intended?” In all honesty, this was the question I often had in mind prior to becoming a director of KCWA. In an official capacity as the president, when I have a dinner with financial supporters of KCWA, the only claimable expense is the financial supporters’ dinner. The president and the directors who are at such a dinner would pay their own share. May be I answered the question by using too simple an example. However, perhaps, such obvious example is the reason why KCWA accomplished 27 years of exemplary history.

Starting last year, however, due to budget cuts in federal and provincial governments, KCWA faces immediate challenge of cuts in grants from both levels of governments. Now more than ever, your support and interests are needed. Our vision and dream are to maintain successful KCWA that can be proudly inherited from mothers to daughters then to their grandchildren. As deep roots support healthy trees, we need deep rooted support for KCWA to sustain continuous and healthy success of KCWA. As trees that withstand stormy winds, and as water that continues to flow because of deep spring, with your support, KCWA will continue to be the healthy and exemplary organization it is today.

Park, Yoo Kyung
President , KCWA Family and Social services

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2012 KCWA Arirang Gala

♣ Date
Saturday,
March 3, 2012
6 PM

♣ Place
Le Parc
Conference & Banquet Centre
(8432 Lesile St.)

☎ For more Information:
KCWA Family and Social Services
416- 340- 1234

2012 KCWA Arirang Gala



2012 Arirang Gala

You can help to make a difference!

I am pleased to invite you to be part of the celebration and join me on Saturday, March 3, 2012 for this year's gala. This year's event promises to be the best ever-a night full of great company, terrific food and abundant opportunities to raise much needed funds for KCWA.

Raising awareness of the programs and services that KCWA provides to our community and its members is of the highest importance and one of our overriding goals for this event. All the net proceeds from the evening will go to underwrite the many diverse and important programs that KCWA delivers. This is where you can make a difference-become a sponsor, buy tickets and help spread the word, not only about this great night but about what wonderful work KCWA does in the community.

The Fundraising and Gala Committees have been working hard for months now to make this the most successful evening yet, but they cannot do this alone. So, thank you to all of you who have attended in the past, welcome to those of you for whom it will be your first time and you know what a difference you have made and continue to make to the health of KCWA and our community.

So mark your calendars for March 3rd, tell your friends and be part of the solution.

Mary Choi

Finance/ Fundraising

캐나다 한인여성회 KCWA가 주최하는 KCWA FAMILY AND SOCIAL SERVICES

Annual Arirang Gala

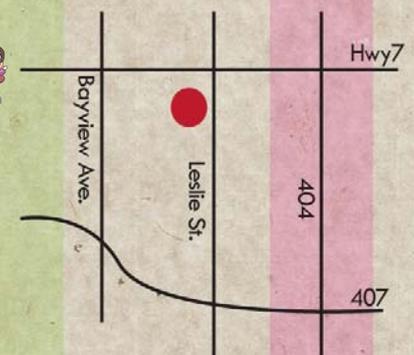
Silent Auction & Raffles

Saturday, March 03, 2012 6:00PM
Le Parc Conference & Banquet Centres
(8432 Leslie St. Thornhill, ON)

** For more information contact:
416- 340- 1234/ www.kcwa.net



Map



KCWA's Events & Programs

KCWA's Settlement Programs

The second half of KCWA's year in Settlement Services provided practical programs focusing on three goals: 1) Information and Promotion of Settlement; 2) Improvement of Language Skills; and 3) Promotion of Community Participation to aid the successful integration of immigrant families.

Information and Promotion of Settlement:

Workshops related to education programs were aimed to help a) Korean immigrant children avoid repeating the same obstacles in schools, and b) Korean immigrant parents who struggle within their fields of employment. In this regard, parents were encouraged to commit to finding a new role in parenting. Other topics that were conducted in the monthly workshop series provided the group with discussions and relative information. The program was also conducted by 1.5 generation members, in order for them to have a sense of belonging and receive the correct recognition and aid in the Canadian education system.



The year-end educational workshop conducted in December was genuinely an invaluable opportunity. This workshop discussed what the true roles of parents are. In other words, the participants realized that in the way parents need a sense of belonging and citizenship in Canadian society, so too would this sense empower their children to become capable and self-reliant individuals in Canadian society.

A seminar about [Canadian Social Services and Assistance Information] was held for immigrants to foster knowledge and information about social systems and facilitates in Canada and the promotion of utilizing these services. [Mobile Health Clinic] focused on breast screening and PAP test for women with the support of Immigration Women's Health Centre. In addition to these programs, [Citizenship Test Preparation Courses] and [Citizenship Test Interview Courses] were implemented in response to continued interests of the community and were successfully conducted for the participants who were scheduled to

take the citizenship test. The Settlement Orientation Series - [Community Outreach on Safety and Emergency for Newcomer Families] - was held for the purpose of providing essential information regarding the importance of safety education where it can be applied in our day-to-day lives.

Improvement of Language Skills:

Newcomers' English Cafe basic classes have been conducted every Wednesday since July 2010 as an on-going program to provide opportunities for Korean immigrants, including the newcomers, to improve their English language skills. This program focuses on not only providing English communication skills necessary for their daily lives, but also helping the participants understand the social and cultural aspects of Canada. The participants learned about parent's night in schools in September, police services in Toronto in October, weather in Ontario in November and Canadian holidays in December. All participants have expressed that they have been very satisfied with this program since it was been conducted in both Korean and English and dealt with various useful settlement information they could apply to their daily lives. The use of Korean instruction helps them comprehend contents they have learned clearly. The participants expressed the importance of learning English as it is a vital skill to have as one tries to integrate into Canada. They are happier as they see themselves improving and engaging in the classroom.

Promotion of Community Participation:

In this field, there were seminars about experiencing various culture & legal information and volunteer programs for new immigrant families.

In October, a program titled [Thanksgiving Dinner Preparation] was conducted to introduce the primary North American tradition; in December, a program titled [Christmas Cookie Baking] was conducted to introduce a tradition of Christmas.

Through these two cultural events, KCWA fostered participants' understanding of Canadian culture and promoted a sense of belonging in Canadian society by encouraging them to participate. Legal Clinics were conducted in cooperation with the Lawyers Association, KCLA, to help new immigrants in understanding the differences of between laws and regulations of Canada and Korea. Further, the seminar [Canada Law & Korea Law] was conducted with the purpose of providing the correct information to Korean Immigrants in order for them to live with more confidence

KCWA's Events & Programs

and to acquire correct legal information.

At the [Volunteer Appreciation Day], 50 volunteers were invited and shared one another's' experiences of volunteering with KCWA. 93% of volunteers left feed back mentioning that they would continue to volunteer in the future, and that they more motivated to participate in a variety of volunteer activities.



KCWA will continuously showcase a variety of volunteer activities where more immigrants can participate in the program. 

For the past four months from September– December, 2011, KCWA provided diverse settlement programs to the Korean Canadian community. The followings are the main events that have taken place during this period.

September–December, 2011	Newcomer English Café (Basic): Every Wednesday
September 2011	Settlement English 101 [Parent's Night] PRC Renewal & Awareness of Residency Obligation Settlement Orientation 7: Community Outreach on Safety and Emergency for Newcomer Families Education Workshop for Newcomer Parents 9: Financial Assistance for Post Secondary Education Legal Clinic Housing Information
October 2011	Smart Banking Canadian Citizenship Preparation Course [1][2] Thanksgiving Dinner Preparation Settlement Orientation 8: Be Aware of Consumer Protection Education workshop for Newcomer Parents 10: Future Careers Settlement English: Police Services Canadian Social Services: Social Assistance
November 2011	Volunteer Program Guide PRC Renewal and Awareness of Residency Obligations Canadian Citizenship Interview Preparation Settlement English: The Weather in Ontario Education Workshop for Newcomer Parents 11: Literacy Skills & Homework Mobile Clinic Education Workshop for Newcomer Parents: Information on University Entrance & Future Job Volunteer Appreciation Day
December 2011	Canadian Citizenship Preparation Course [1][2] Settlement English: Canada's Holidays Christmas Cookie Baking Education Workshop for Newcomer Parents 12: Canada's Education System and Parents' Roles [The Year-End Education Workshop]
Educational Programs	Art Class, Calligraphy for Healthy Settlement, Computer Class, Korean Classes for Adult [Intermediate]

For further information:

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KCWA's Employment Programs

“Life is not about waiting for the storm to be over, but dancing in the storm.”- Dr. Shin Ho Beom, Washington State Senator, USA.

The immigrants who left families and friends behind in their homeland, resigning from jobs and their way of life in order to move to a new country and search for new opportunities would certainly understand by experience what it is like to go through the storm. They must have pondered the meaning of life when one must keep going no matter what.

The employment programs offered at KCWA intend to provide not only information and materials related to employment, but the time to share broad experiences that participants bring with them, and to be inspired and encouraged by fellow immigrants who successfully landed work in their chosen fields.

Below is the list of the employment programs offered by KCWA Family and Social Services:

September, 2011	Job Search for Success: Focusing on a Winning Resume How to Ace the Interview
October 2011	Successful Job Search Strategy: Hearing from HR Managers and Incumbent Professionals 2011 KCWA Job Fair
November, 2011	Job Search for Internationally Trained Professionals
December, 2011	Alternative Careers – The Skilled Trades

Seminar Descriptions:

Job Search for Success: Focusing on a Winning Resume was designed to provide information on the hiring procedure in Canadian companies, how to write a standard Canadian resume, the critical components of the resume, etc.

How to the Ace Interview was designed to prepare participating job seekers for interview questions that most Korean immigrants found challenging. Items that applicants needed to prepare for the interview, the areas the interviewees need to be aware of during the interview, and what to do after the interview, were discussed with participants. How to answer to the tricky questions was also introduced in this seminar.

KCWA's Events & Programs

Successful Job Search Strategy: Hearing from HR Managers and Incumbent Professionals was designed to provide time and a place where job seekers could meet and hear directly from the delegates of companies. In this seminar, HR specialists from the Home Depot, TD Canada Trust, Bagg Technology Resources and representatives from the Ritz Carlton Hotel and Deloitte came to speak about the hiring process of the companies, what the employers look for from the applicants, what to develop in order to advance at work and other valuable experiences of their own.

The **KCWA Job Fair** was held at North York Memorial Hall. Here participants had a chance to meet with delegates from 28 different companies and organizations and explore their employment opportunities. One of the participants who immigrated to Canada 6 months ago was able to land a job in his professional field through the Job Fair. Many others had job offers from renowned company as well.

Job Search for Internationally Trained Professionals was devised to provide information to professionals who have work experience in Korea. Bridging programs for internationally trained professionals were explained by the representative from Employment Ontario Services. Two Korean immigrants who successfully landed jobs in their chosen fields were invited to encourage and inspire the participants by sharing their success stories.

Alternative Careers: The Skilled Trades, was designed to provide information on career options in skilled trade work to the participating Korean immigrants. It was expected to bring the attention of Korean immigrants to the skilled trades, which is believed to have good job prospects as baby boomers retire in the next 5- 10 years.



2012 KCWA Job Fair

For further Information: [Esther Sun Hee Yi\(employment@kcwa.net\)](mailto:Esther.Sun.Hee.Yi@kcwa.net)

KCWA's Family Programs

The KCWA Family Service team is providing a variety of practical services: Family counselling, Social Services, Education Information, Legal Information, and Interpretation and Translation Services. Our goal for clients is to lead a happy life in Canada regardless of the clients' status, gender or age. Transitional and Housing Support workers assist clients in developing and carrying out their transition plans, link victims of family violence with the appropriate community supports such as housing, counselling, parental supports, financial assistance, educational upgrading, job training, legal assistance, social services, and health needs. Also social support workers are dedicated to helping clients develop safety plans for themselves and their children. On-site translation and interpretation services are provided at shelters, hospitals, courts and social service offices as well. Transitional and Housing Support Services are there to help the victims of family violence make their transition as smoothly as possible. Also, through one-on-one counselling services with our Crisis Support Workers, clients learn how to cope with family tensions, parenting issues and divorce matters.

Self-help group meeting takes place once a month directed by our family crisis counsellor, Myoung Ju Jung. The goal is to enable group members to express their feelings in a socially accepted manner, and resolve interpersonal issues using communication skills they learn in the program. Members have expanded the range of "emotion words" and improved in the use of supportive words with each other. In September, the members had a chance to express themselves through a free painting session. Some members expressed their religious belief in God and some members depicted landscapes. Using art as a self-expression tool was added to the meeting in order for the members to learn how to express in a non-verbal way. In October, the members were introduced relay drawing techniques. Relay drawing is a method used in art therapy to enhance the group members' cohesion. Each member draws something to make a picture considering other members' items in the picture. Members learn how to express their thoughts in a cooperative way. In November, members were directed to draw using the LMT (Landscape Montage Technique). LMT is a technique that helps people who are not confident about

KCWA's Events & Programs

drawing or painting to see their potential and their pictorial language. As a result, it boosts the members' self-esteem. In December, the self-help group members had a year-end Christmas party inviting their children as well. The members felt included and welcomed. All of the members were satisfied with the program and they even prepared food for the party.

On September 12th, 2011, our family crisis counsellor who has a background in Art Therapy, conducted community workshops on stress release at St. Stephen's Community House. The participants were introduced a scribble technique. They first did arm movement in the air to release muscle tension and were then directed to draw lines on a piece of paper freely. All the participants drew in their own unique way and learned that even lines are expressed differently and carries their own emotional status. Some participants who were dealing with divorce and separation received immediate counselling services as needed.

On September 22nd, 2011, another community workshop took place at Sacred Heart of Jesus Parish by request. They were interested in art therapy and self-reflection. The participants were introduced to a projective test, HTP, and provided with handouts to do a self-analysis. The participants were impressed with symbolic meanings of pictures and shared the insights on their personalities and how they affect their lives.

October 22, 25, and 28th, NFF (Neighbours, Friends & Families) project coordinator Eunjoo Kim conducted a workshop on domestic violence, and our transitional support counsellor and a family crisis counsellor lectured on the impact of domestic violence on children and woman. The process of calling Police authorities was also discussed in detail. Through the workshop, one of the participants realized that she was a victim of domestic violence and sought out help through KCWA. She now knows her rights as a woman living in Canada, and is in process of getting legal help.

KCWA family team has been working hard to bring the best services to the community and will continue to pour our hearts into these social services. 

For the past four months from September– December, 2011, KCWA provided diverse Family services and programs to the Korean Canadian community. The followings are the main events that have taken place during this period.

Sep.– Dec., 2011	Self Help Group Meeting (Every Third Friday)
September, 2011	Art Therapy workshop on Stress Release (St. Stephen's Community House/ Sacred Heart of Jesus Parish)
October, 2011	Community Workshop on Domestic Violence at KCWA

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Myoung Ju Jung (family2@kcwa.net),
Ju Youn Park (family3@kcwa.net)

2012 Settlement Services

The goal of the **Social Services** program is to encourage and educate Korean immigrants about the accessibility of available services. This is integral for the immigrant society in the sense that timely and prompt understanding of social services can be introduced to newcomers. It is imperative for immigrants to adapt effectively to the Canadian social system and integrate themselves into the Canadian society with decreased maladjustments. According to the program we expect the following:

1. To understand the Canadian social service system
2. To increase knowledge and information of social services
3. To increase awareness of social services
4. To encourage the access of available services based on client needs
5. To increase awareness of self care

Social Services

Language ability is one of the most important skills for immigrants who need to adapt to life in Canada.

[Newcomers English Café] is one of the KCWA's settlement programs that provides Korean immigrants with an opportunity to not only learn basic and practical English necessary to carry out their daily lives, but also with various programs centered on general information about Canadian society and culture.

Through this program, Korean immigrants increase their knowledge and gain new information about Canadian society and culture, increase awareness of the importance of learning English, and improve their basic English conversational skills. Increasing the knowledge of language and life skills in Canada for immigrants will help Korean immigrants integrate into Canadian society more successfully.

Language

2012 Settlement Services

Some of the reasons why Korean immigrants have a difficulty in obtaining employment despite having skills in the field include a lack of :

1. Experience in Canada
2. Communication skills
3. Understanding Canadian culture
4. Networking.

These difficulties cannot be overcome within a short period time as they all require time to be learned. KCWA Education Services aim to help Korean parents, who have faced those difficulties from not having studied in Canada, find their role in their children's education through workshops that introduce topics such as high school credits, scholarship and university applications to Korean parents and individual school-related counselling

Education

In 2012 Community Connections, KCWA will provide various seminars regarding Canadian culture, social system, and legal issues. These seminars aim to encourage Korean newcomers, parents, and youth, to learn and expand their knowledge of and experiences with Canadian society.

KCWA will organize Volunteer Program Guide seminars to enhance understanding and knowledge of other cultures in order to build a sense of belonging and connection in Canadian society. KCWA will also provide information seminars for Korean immigrants on Legal, Canadian Tax, and Car Accident issues. These seminars will provide newcomers with the skills and knowledge needed to protect their families from emergency situations. In particular, KCWA will run a "Free Income Tax Clinic" for lower income families and individuals from March to April 2012. To use the free income tax clinic please call KCWA from the end of February 2012 to make an appointment.

Community connection

The area of Information & Referral, the largest part of settlement services, has been functioning as a linking pathway, like that of a spine, for the newcomers. The following organizes the strategy for the 2012 settlement services.

- Plan: Through strengthening the previous year's program, we will attempt to focus on the empowerment of an 'ownership' consciousness. This is the newcomers' realization that they are the practical proprietors of the Canadian society.
- Direction: We will orient towards a two-way process in which settlement and integration can proceed parallel to each other.
- Purpose: Through a new approach and a better coordination, we will encourage a successful settlement of a newcomer family. Moreover, we hope that this successful settlement will lead to transforming them into true Canadian citizens, responsible for forming the future of Canada.

Information & Referral

Through employment, an individual is provided an opportunity to live an independent life by generating income. Employment also provides a foundation for community development, as individuals contribute to the community, organization, and society. In that sense, employment is a vital requirement for building a healthy and developing society.

The 2012 KCWA employment program aims to build a healthier Korean community through assisting individuals in obtaining sustainable employment. To that end, the KCWA program covers information and knowledge necessary for pre/post employment. Additionally, the program plans to provide a time and place where participants can share their own rich professional experience and knowledge and as a result, community participation is encouraged. This sort of community participation, which tends to be neglected in the busy lifestyles of immigrants, involves sharing information through meetings and conversations, leading to a better understanding of Canadian society through the program. Hopefully, many people participate and enjoy the benefit of the program.

Employment



Employee News

Butterfly Effect...

NFF Project Korean Coordinator: Kim, Eun Joo

Did you ever regret saying something to someone that you shouldn't have? Or did you ever feel satisfied by saying something encouraging to someone? Maybe his/her life would change because of what you said.

Edward Norton Lorenz, who was a professor at the Massachusetts Institute of Technology (MIT) introduced a concept known as the Butterfly Effect. He published the "Bulletin of the American Meteorological Society" in 1969, a book that explained the Butterfly Effect – where a small change at one place in a nonlinear system can result in large differences to a later state. For example, a butterfly flapping its wings once in Brazil, could make a tornado in Texas, America. As you know, small words or actions can bring big changes. For example, when I give a positive message to my son in the morning, his emotional condition is positive all day long. Furthermore, if I do not put care and effort into my small work, sometimes, it can be seriously detrimental.

I have worked as a coordinator of the NFF campaign, WE CARE project, at the KCWA for five months. The objectives of the NFF campaign is to raise public awareness of the signs and risk factors of domestic violence against women, and to increase the awareness of the resources available for those abused women by supporting them and instilling a sense of confidence within them. Ultimately, the project's main focus is to reduce the numbers of repetitive, abusive incidents, and to prevent these cases from spreading by executing ongoing and voluntary community campaigns.

I often think carefully of what I say to people, or what I am doing now. I do not have the backing of political, economical, and cultural influences in our society, and thus, I

am simply a feather weight within the community. I am simply one of the KCWA workers who works just 14 hours a week, working at one of the smallest positions at the KCWA; however, according to the Butterfly Effect, I can make a huge impact in the Korean community, in Canada, and in the world.



Though I have little ability, knowledge, and experience about domestic violence and social work, I hope that I can change our society.

Though I have little ability, knowledge, and experience about domestic violence and social work, I hope that I can change our society.

Finally, I just want to thank my colleagues who help me in various ways, and the Peer Leaders who attended the first training for the NFF campaign, WE CARE project. 



Employee News

Sawasdee Kha~ Annyeong-haseyo?

NFF Project Thai Coordinator: Trakul, Thana

My name is Thana, and I am the only Thai worker in the KCWA. My main duty as an NFF project coordinator is to oversee the We Care! Neighbours, Friends and Families (NFF) project, a project started to raise awareness of Domestic Violence for the Thai community in Ontario. The project is a part of a Government of Ontario initiative, in collaboration with non-profit organizations such as the KCWA.

Running a new project for a relatively small and scattered population is very challenging. There are many pieces of information needed to put things together. It seemed rather difficult in the beginning, but we are doing well and achieving our goal. We are gaining more interest from the Thai community, leading to increased rates of participants in workshops and activities. We have the first group of Peer Leader Training, and after the training, we are having even more fun. Planning for the outreach workshops and events to reach out to our small Thai community is fun and challenging at the same time. We added more themed activities to encourage the community to participate in the workshops.

Through the program, we hope that members of the community become more aware of all the help that is available to them. If someone is seeking help in related issues, they would know that they can contact us. We provide consultation and referrals. We have been receiving an in-

creasing number of positive responses from the Thai community.



.....
I dream that one day Thai people in Ontario will hold each other's hands tightly, and come together to build a strong, close-knit bonded community like the Korean community.
.....



When I see vigorous and strong communities like the Korean community, I have a dream. I dream that one day Thai people in Ontario will hold each other's hands tightly, and come together to build a strong, close-knit bonded community like the Korean community.

But I cannot do all of this by myself. I need the understanding and support from everyone. With all the support I have been receiving from my dear colleagues at KCWA, my difficult job has become much easier. I'm honored and proud to be a small piece of the jigsaw at the KCWA. "I am KCWA."~

Kamsub Hubnita Khob Khun
Kha. 

Program User's Voice

Contributing back to the community

Peer Leader (Korean Community): Kim, Sue

As I was reading a newspaper one day, I came across an ad looking for participants for NFF Peer Leader Training and somehow that triggered my interest. The ad included the description of the training provided by the Canadian government and said that the training will be conducted in the Korean community by KCWA Family and Social Services. Participants will learn about the domestic violence and then they are expected to outreach to their peers in the community. I was initially concerned with the distance I had to travel from London to Toronto twice a week. I also wasn't sure if the training is even worthwhile for me to dedicate a whole day in a far away city. However, my interest outweighed my concerns and I decided to email the project coordinator to find out additional information. Her response was so insightful and friendly that I decided to participate.

I knew that the training would benefit me somewhat but I didn't expect that I would learn so much that my perspective towards domestic violence would change significantly. I learned about definition of domestic violence, contributing factors, physical and psychological damages to the victims (mainly women and children), related law, safety plans for the victims and other helpful resources. I am truly thankful to the KCWA Family and Social Services for providing me the opportunity to learn as much as I did.

The participants were from all walks of life, university students to grandparents. When I first walked in, I was nervous and questioned whether I would get anything out of the class. As the training progressed, I was surprised

to feel not wanting the training to be ended. When the training was over, I had a hunger to know more and I was eager to share with people with new knowledge.

It was true that I was nervous about hosting my own workshop, especially since I was the only one living outside of Toronto area. I was encouraged and inspired throughout the training and in fact, I was looking forward to hosting a workshop to carrying out responsibilities of peer leaders: raising awareness of domestic violence and educating general public in the community. Since I couldn't collaborate with anyone from Toronto due to the distance, I found 3 volunteers and trained them for the workshop. The volunteers were actively involved in organizing a workshop and their feedback really helped me in preparing for the future workshop. We held a workshop on December 9th from 10:30am to 12:00pm. My volunteers helped in food preparation, table setting and taking photos.

I would like to continue holding these workshops in the future. Facilitating workshops certainly empowered me and also made me feel proud that I contribute a little bit in creating a healthier community by sharing useful knowledge with families, friends and neighbours in the community. I would like to thank KCWA once again for giving me the opportunity to contribute back to the Korean community. 



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Program User's voice

Happiness created by working together

Peer Leader (Thai Community): Goel, Saipin

Sawasdee Kha

My name is Saipin, and I am a Thai Peer leader for We Care! NFF Project.

I know NFF from Khun Thana's outreach booth at the Taste of Thailand and the Thai Picnic events. With my Korean friend who has volunteered with KCWA, I decided to join the Peer Leader Training.

The training was interesting and interactive, and I learned a lot about domestic violence. After the training, I had an opportunity to help out in the outreach to the Thai community's events, such as Thai National Night (King's Birthday) and Thai Flood Relief Fundraising. Recently I did a Thai community outreach workshop at my house to educate Thai friends about domestic violence as well as to promote the Thai



I look at NFF not just as a project, but We Care! NFF is filled with spirits. I feel LOVE and CARING all around. I am happy to have a chance to tell my friends, even new friends, that they are not alone. There is someone to listen to their problems and care for them.

culture to foreign friends. The outcome was overwhelming. Everyone enjoyed the workshop and the party.

With interesting and beneficial activities, I feel energetic to assist Khun Thana to promote NFF in Thai community. I look at NFF not just as a project, but We Care! NFF is filled with spirits. I feel LOVE and CARING all around. I am happy to have a chance to tell my friends, even new friends, that they are not alone. There is someone to listen to their problems and care for them.

NFF Project 2nd Peer Leader Training

1. **Who** – Anyone 19 Years of age and over, and are interested to facilitate and lead community workshops on domestic violence prevention
2. **When** – Korean: Feb., 4, 11, 18, 25, 10am- 3pm (Total 20 hours)
Thai: Mar, 17, 24, 31, 9:30am- 4pm (Total 20 hours)
3. **Where** – KCWA Family and Social Services (27 Madison Ave.)
4. **Contents** – What is Domestic Violence?
 - Domestic Violence-Causes/ Impacts on Victims and Children
 - Domestic Violence and Canadian Law
 - Safety Planning
5. **Others** – Fees: Free/ Facilitate Community Workshop/ Training and workshop certificate will be issued upon completion
6. **Contact**– KCWA Family and Social Services 416- 340- 1234/ www.kcwa.net



** This project is funded by 'Ontario Women's Directorate'



First Days in Toronto

If you need to travel without your valid PR card

A Permanent Resident Card (PR Card) is a document required by permanent resident, including children, who are planning on travelling outside of Canada and then return to Canada. If you intend to travel, the PR card is the official proof of your status as a permanent resident in Canada. This wallet-sized plastic card is required for all permanent residents of Canada seeking to re-enter Canada on a commercial carrier (airplane, boat, train or bus). If you received permanent resident status before June 28, 2002, you may need to apply for your PR card to CIC by mail. Current processing time for PR card application is 33 weeks.

If you require urgent processing of your Permanent Resident Card application

1. If you have not mailed your application:

Complete your application and include a photocopy of your travel tickets or e-ticket with your application, and write "Urgent—Proof of travel included" on your envelope. An agent from the processing centre will examine your application quickly.

2. If you sent your application by courier or registered mail:

If it has been longer than the "received up to" date posted on our website and you have not yet received your card, please send us the following information by fax at 514-496-8670: the date you mailed your application, the company you used, the date it was received and the confirmation number, a photocopy of your plane, bus, train or boat ticket (if not available, then a travel itinerary or e-ticket with proof of payment), your surname and given name, your client ID number, your date of birth, your home address, your daytime telephone number and your email address. CIC will examine your request and contact you

within two business days to inform you whether it is possible to speed up the process.

3. If it has not been longer than the "received up to" date posted on our website and you have not yet received your card:

You can check the status of your application on-line by doing the following:

1. Log on to CIC website www.cic.gc.ca
2. Go to *Check My Application Status in the I Need To...* section on the right-hand side of the page.
3. Then click on *Client Application Status* and follow the instructions provided.

*Your application status will only appear on-line once the initial review by CPC is completed.

4. If you are currently outside Canada and do not have a valid PR Card to return to Canada:

You will need to obtain a travel document from a Canadian visa office. Many visa offices have specific local instructions about which documents you must submit with your application. You need to find out what they are, and make sure you include all the correct documents. To find out which visa office will serve you, consult the List of Countries and Corresponding Canadian Visa Offices or contact a Canadian embassy, consulate or high commission.

Record of Landing (IMM 1000) or Confirmation of Permanent Residence (IMM 5292) are not valid for travel back to Canada. You require a permanent resident card or a travel document to re-enter Canada by train, plane, boat or bus.

* For more information, please visit www.settlement.org, www.21toronto.ca, or www.gov.on.ca.

DONATION AND VOLUNTEERS



From August 2010 to December, 2010, many supporters have made financial contributions and volunteered at KCWA. In order to protect the personal information of donors and volunteers, their

MEIDA SUPPORT:



FUNDED BY:



캐나다 한인여성회

KCWA Family and Social Services

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Leslie Office: 1133 Leslie St. North York ON. M3C 2J6

Tel: 416-340-1234 Fax: 416-340-8114

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MISSION OF KCWA FAMILY AND SOCIAL SERVICES

KCWA is a non-profit organization established in 1985 by a group of women who were concerned with women and family issues. KCWA's mission is to "empower Korean Canadian families and other vulnerable members of the community-at-large to live free from violence, poverty and inequity through the provision of culturally sensitive and linguistically appropriate services for the purpose of enhancing the well-being of immigrant families and promoting their successful integration into Canadian Society.